

IN CONVERSATION WITH THE CHAPLAINCY

This is our summer newsletter. We have had an interesting spring and as usual we have been very active in the chaplaincy, some of which can be seen in our highlights section.

From various conversations around the Wharf, my colleagues and I are aware that on the one hand the workforce is shrinking and yet on the other often people's work roles are expanding. For some, this is quite stressful, it is important to not only just find coping mechanisms but to review how we can have a more healthy and balanced life. Technology and work pressures continue to blur the boundaries of our work and home lives. I wonder if many of us are losing the art of relaxation and switching off, so that we not only can get good night's sleep, but our batteries are recharged and we are wake up refreshed.

Last May was Mental Health Awareness week, and some of you may have picked up that my colleagues wrote a [blog](#) about mental health.

As I write this, I am aware that the warm summer seems a way off. However, I hope you all will get sometime for refreshment and relation over the summer either in the UK or in far flung reaches of the globe.

Revd Dr Fiona Stewart-Darling

Afterword from Imam Ibrahim Mogra.

Recent developments in the activities of our chaplaincy have been very exciting especially for me. With a different hat on, I serve as a community imam in Leicester and I have found myself increasingly serving Muslims from the corporate and business world. Therefore, when the opportunity to partner with Barclays came up to hold a 'Future Faith Leaders Conference' about the banking industry, I enrolled my students from Ebrahim College in Whitechapel to study alongside Christian Ordinands from Rippon College, Cuddesdon in Oxford. This opened up a window for them to understand what it's like to work in the corporate world.

Highlights



On the 5th March 2019 the Canary Wharf Multifaith Chaplaincy took another step in its continued development and became a **Limited company by guarantee**. We now have a new board of directors in addition to the current Chaplaincy Steering Group. A number of the companies in Canary Wharf have representatives on the Steering Group, which ensures that chaplaincy is up to date with current issues faced by the business community. Photo is of our new board members.



On the 3rd May 2019, the **Chaplaincy partnered with Barclays** hosting 16 theology students from Rippon College, Cuddesdon and Ebrahim College, East London. The aim of the day was to give the trainee faith leaders an experience of the corporate world to help them think about how they will minister to their future congregations which will include of businesspeople.



Chaplaincy team members were recently among the guests at the Clifford Chance at their **Pre-Shavuot event**. Among the other invited guests was Victoria Obaze the new Civic Mayor of London Borough of Tower Hamlets (see photo). During the event was a performance by the Menorah Primary School Choir.

Events & Activities

#EthicsValuesFaith



Ethics Series in partnership with Clifford Chance

The Impact of AI on Corporate Leadership and Culture

Thursday 20 June 2019, 5:15pm – 6:30pm

Follow more information and to book a place follow the attachment accompanying this newsletter.

Faith Activities

[Christian](#) – Major festival of St Paul and St Peter 29 June.

[Jewish](#) - Shiva Assar b'Tammuz and Tisha B'Av are two fast days which commemorate the destruction of the two Temples in Jerusalem.

[Muslim](#) – Muslims have just completed Ramadan. In August, the Hajj pilgrimage will take place in Makkah, Saudi Arabia.

There are also opportunities to explore faith in the workplace, through discussion groups and one-to-one conversations.

For more information about our activities, visit <https://canarywharfchaplaincy.co.uk>. Read our blogs and sign up on our website to receive our newsletters and event info.



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