

We are back after the summer!
This month's editor is Revd Preb Dr Fiona Stewart-Darling



EDITORIAL

The chaplaincy team hope you have all managed to find time for some much needed rest and refreshment over the summer. For those with school age children once again the new routines of the school year begin, and I guess that others might now be taking late summer holidays.

Although many of us might not have school age children, it always never ceases to amaze me how we still think in terms of the school year. We often think of September as a time for new beginnings, or projects that are waiting for everyone to be back after the summer so they can be started. Often new initiatives are launched in September.

Indeed Chaplaincy is no exception, we have had a marketing intern with us over the summer to help us review and improve the effectiveness of our social media reach. I have asked him to write a short reflection of what he has achieved and how he has enjoyed his time with us.

Next month we welcome a new member of the team Revd Mark Ball who will be heading up the chaplaincy retail team, and we will introduce you to him in our next edition.

Finally, I had an interesting conversation with someone in the business community last week about Covid. There is a sense that we all want to move on and put the whole experience behind us, especially as we look to September for new beginnings or restarting programmes etc. But under the surface there are those who are still struggling with unresolved trauma related to their experiences of the pandemic. If you know someone or you yourself are trying to keep a brave face on life but underneath trying hard not to sink - come and have a coffee and chat with us - totally confidential and you might just discover you are not on your own.

REFLECTIONS FROM OUR MARKETING INTERN - Abhiram Satheesh

I am an MBA Marketing Management student at University of Greenwich and was introduced to the Chaplaincy team by my mentor Kaitlyn Klapperich who works for Northern Trust here in Canary Wharf.

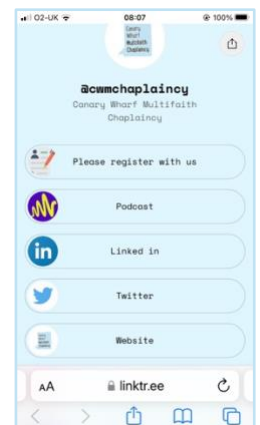
I have been working as an Intern with chaplaincy over the summer. Fiona gave me the task of reviewing all the chaplaincy social media and communication streams. She gave the task of improving and creating a much wider awareness of the chaplaincy through social media with the least amount of effort. So, I have introduced the team to two new tools. LINKTREE to connect all the social media and website and LATER which enables the team to plan organised and schedule posts. I have also been providing training and preparing tutorials for chaplains on handling social platforms, as well as designing a social media calendar for the team to be less last minute. So it has been a busy couple of months.

At the chaplaincy, I gained my first experience working in an office environment. One of my dreams in life was to work at Canary Wharf. I still remember my first visit to Canary Wharf. As I left the train, I saw buildings whose names I had known from business publications and commercials. I never imagined myself working in the wharf. The entire team was really kind and helpful, assisting me and taking care of me ever since I was a fresher. I learned more about the functioning and importance of chaplaincy from the chaplains' interactions with me. I learned how to deal with issues by carefully analysing and grasping the situation, making evaluations, planning the action, and carrying it out.

HOW YOU CAN NOW INTERACT WITH CHAPLAINCY AND FOLLOW OUR VARIOUS SOCIAL MEDIA PLATFORMS.

You are able to do this through a feature called LinkTree see the image - through this feature it is possible to choose which social media you want to follow or all of our different ones. You can either use the [weblink](#) or scan the QR code

Through just one click, you are now able to follow us on Twitter, Instagram, Facebook, Linked In, access our website and our weekly podcast. You can also register with us you make sure you don't miss out on our monthly newsletters, activities or events.



To give you a flavour of our [WEEKLY PODCASTS](#), if you have not yet discovered them, listen [here](#) to Ibrahim's Podcast from 5th September.

FAITH FESTIVALS - SEPTEMBER

21 - International Day of Peace,
SHINTO 22 Shūbun-Sai
HINDU 25 Mahalaya
JEWISH 26-27 Rosh Hashanah
HINDU 26 Sept - 4 Oct Navratri

CHAT WITH A CHAPLAIN

Just to remind you even if we are not always visible in Canary Wharf, we are still happy to catch up over a coffee either in person or virtually! [Talk to us](#)